

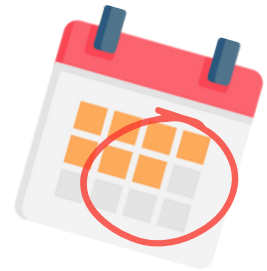


1. Make Sure You Are Pregnant

Take a **urine-based pregnancy test** to check if you are pregnant.

2. Check Your Gestation Date

Track the time elapsed **since the first day of your last period** or use a gestational age calculator.



3. Check The Abortion Pills

The first pill in **MIFEPRISTONE**.
The second pill to be taken is **MISOPROSTOL**.

4. TIMELINE OF PILL USAGE

TIME SINCE LAST PERIOD →	LESS THAN 9 WEEKS	9 TO 12 WEEKS	MORE THAN 12 WEEKS
DAY 1	TAKE MIFEPRISTONE	TAKE MIFEPRISTONE	TAKE MIFEPRISTONE
DAY 2	TAKE 4 MISOPROSTOLS	TAKE 4 MISOPROSTOLS ↓ (4 hrs later) TAKE 4 MORE MISOPROSTOLS ↓ TAKE PAINKILLERS IF REQUIRED	TAKE 2 MISOPROSTOLS EVERY 03 hrs UNTIL PREGNANCY PASSES ↓ TAKE PAINKILLERS IF REQUIRED



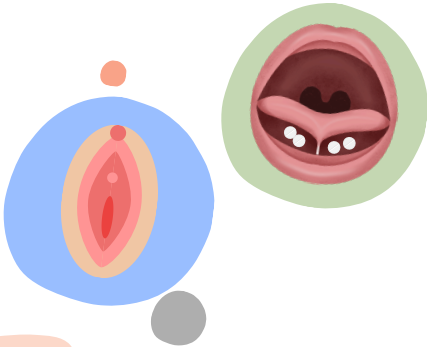
5. DAY 1: Take Mifepristone

Take one 200 mg pill of **Mifepristone** with water.



6. DAY 2: Take Misoprostol

Put the misoprostol pills, as prescribed in the table above **under the tongue** or **inside the vagina**.



Note

- **Less than 9 weeks:** Take 04 misoprostol pills.
- **Between 9 to 12 weeks:** Take 04 misoprostol pills. After 4 hours, take 4 more misoprostol pills.
- **Above 12 weeks:** Take 02 misoprostol pills in every 3 hours interval until pregnancy passes.

7. What to Expect

- **Bleeding** and **cramping** start 4 hours or later after taking misoprostol, alongside **nausea, vomiting, diarrhea, fever,** and **chills**. These symptoms resolve on their own in a few hours.
- Eating a **small amount of food** can alleviate nausea.
- Taking misoprostol **vaginally** may also provide relief.



8. What to Watch Out For

- Fever **above 102°F**, or **over 100.4°F for more than 24 hours**.
- Bleeding that fills **more than 2 maxi pads**.
- **Persistent pain** that won't subside despite taking painkillers.

